

ST. GABRIEL CHURCH

2559 40TH AVENUE, SAN FRANCISCO, CA 94116
Phone: 415-731-6161 Fax: 415-731-1270 www.sgparish.org



Office Hours:
Mon-Thurs 9am-5pm
Fri-Sat 9am-12pm
Closed Daily for Lunch
from 12-1pm

Pastoral Staff: Rev. Andrew Spyrow, Administrator; Rev. Mr. John Hurst, Deacon; Mrs. Gina Beal, School Principal

In Residence: Rev. Paul Zirimenya

Parish Center Support Staff: Mrs. Cheryl Bailey, Bookkeeper; Mrs. Marie Dimapasoc-Arima, Payroll; Ms. Luana Letele, Secretary.

Liturgical Support: Mr. Rob Grant, Music Minister; Rev. Mr. John Hurst, Music Minister; Mr. David Lorentz, Music Minister; Ms. Kristine Sinajon, Music Minister; Mr. Mark Davis, Music Minister; Mrs. Nancy Porter, Wedding Rehearsal Coordinator.

MASS SCHEDULE

Weekend
Saturday—5pm (Vigil Mass)
Sunday—8am, 10am & 5:30pm

Weekday
Mon, Tues, Thurs, Fri—8:30am

RECONCILIATION

Every first Saturday at 3:30pm in the Church with individual confession and absolution

For information on Baptism, Marriage, Sunday School, Anointing of the Sick, Order of Christian Initiation of Adults (OCIA) or Confirmation, please call the Parish Center.

OUR MISSION

As a worshipping, believing, and caring community, St. Gabriel Parish participates in the mission of Jesus Christ, remembered most intensely at Sunday Assembly through proclamation of The Word and the sharing of the Eucharistic Meal. This Community, so nourished, lives its faith in prayer, education and outreach.

WELCOME!

Would you like to register in our parish? Please go to www.sgparish.org and click on the "Register Online" link or you may call the Parish Center and we'll send you a form!

June 22, 2025 *The Most Holy Body and Blood of Christ*

Today's Readings: Gn 14:18-20; Ps 110:1-4; 1 Cor 11:23-26; Lk 9:11b-17



The Feeding of the Five Thousand
Ambrosius the Elder Franken, 1544-1618

Today we observe the Solemnity of the Most Holy Body and Blood of Christ. This beautiful feast celebrates the gift of the Eucharist, which the Catechism of the Catholic Church teaches is the source and summit of our Christian faith. "For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ Himself" (CCC paragraph 1324).

The very word, Eucharist, means "thanksgiving" or "gratitude" and so this feast is especially meaningful to

all of us who are striving to live as grateful stewards of all God's blessings to us. Surely the Eucharist is the greatest of all blessings because it is not only from God, it is God — the Body, Blood, Soul, and Divinity of our Lord, Jesus Christ.

Today's second reading from St. Paul's letter to the Corinthians reminds us of the depths of love our Lord has shown us in the gift of the Eucharist, recalling Christ's words at the very first Eucharistic celebration. "The Lord Jesus... took bread, and, after he had given thanks, broke it and said, 'This is my body that is for you.'" In that moment, and at every celebration of the Mass thereafter, Jesus gives us His very self in an act of complete humility and perfect love. How can we possibly show our gratitude for such a sublime gift?

We can receive the gift of the Eucharist with the greatest possible reverence and love. And, following our Lord's example, we can give ourselves generously to others in the week ahead.

Catholic Stewardship Consultants, www.Catholicsteward.com

TRUE AUTHORITY

For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things...(Mk. 14:22)

Question of the Week

Adults: *Have you had an experience of not having enough of some gift or grace, then receiving more than enough? What happened?*

Kids: *What do you have a little of that you can share with someone who has less?*

MASS INTENTIONS
JUNE 23 - 29, 2025

Mon.	8:30 am	Austin & Mike Needham
Tues.	8:30 am	Kathleen Flaherty
Wed.	8:30 am	No Service
Thurs.	8:30 am	Don Fogarty
Fri.	8:30 am	Petra De Castro
Sat.	5:00 pm	Mary Anne Ford
Sun.	8:00 am	Collective Mass
	10:00 am	L. Paul Demartini
	5:30 pm	For the Parishioners

PRAYERS FOR THE SICK

In the coming week we ask for your prayers for the following: Joan Aragone, Denise Foley, Virginia Fox, Debbie Gaffney, Lottie Gonzales, and Emo Lieu.

WEEKLY OFFERTORY

June 14 – 15, 2025
Envelopes: \$3,111
Online Giving: \$1,435
Loose: \$868
Total Offertory: \$5,414

GIVE ONLINE AT:

www.sqparish.org



Click the Online Giving icon on the homepage to get started or go to the "Donate" tab in the upper right corner, then click the "Get Started" icon. Or just scan the code!

JOIN US ON FLOCKNOTE!



Visit our church at Flocknote.com/
 StGabrielChurch
 OR

Text sgc to 84576 from your phone to
 subscribe to updates.

Text STOP to 84576 to stop text notifications at any time. Text HELP for help. There is no charge for this service, but your carrier message and data rates may apply. View privacy policy and conditions at www.flocknote.com/txt.

Laughter is the Best Medicine



A mother scolded her young son for being so unruly, and the boy rebelled. He got some of his clothes, his teddy bear, and his piggy bank and proudly announced, "I'm running away from home!" The mother calmly asked, "What if you get hungry?" "Then I'll come home and eat!" the boy replied. "What if you run out of money?" she asked. "I'll come home and get some." "What if your clothes get dirty?" she asked. "Then I'll come home and let you wash them." The mother shook her head and told her concerned husband, who had come in to see what the hassle was about: "This kid is not running away from home—he's going to college."

Reprinted with permission from the Joyful Noiseletter

RECEPTION FOR
FR. SPYROW



Please join us in Bedford Hall **after the 10:00 AM Mass on June 29th** to thank Fr. Spyrow for his service to St. Gabriel over the past 10 months. Though with us only briefly, his stewardship and leadership over the past year have been a true blessing. We invite all parishioners to gather with us for coffee, juice and light refreshments after the 10:00 AM Mass as we wish him

well in his new assignment as pastor to St. Patrick Church, while continuing as the Vicar for Clergy.

WOULD YOU LIKE TO HELP OUT? If you'd like to help set-up, clean-up or donate a food/drink item, please call the Parish Center and let Cheryl or Luana know.



ADVENTURES IN MARRIAGE

The Office of Marriage and Family of the Archdiocese of San Francisco invites you to join them for *Adventures in Marriage*, a short course for your marriage that's faith, fun and forever! You'll discover ways to communicate more clearly, improve understanding, make marriage a priority, and learn to love like Jesus. The cost is \$50 per couple and will take place on **Saturday, June 28th**, at St. Mark Catholic Church, 325 Marine View Ave, in Belmont from 8:30 AM—4:30 PM. The registration fee covers all materials, two lunches, and childcare if needed. For more information contact Ed Hopfner at hopfnere@sarch.org.

PETER'S PENCE COLLECTION
NEXT WEEK

Next week, **June 28 & 29**, we will take up the Peter's Pence Collection to support the Universal Church and the work of the Holy See, including the charitable works of Pope Leo. These works benefit our brothers and sisters on the margins of society, including victims of war, oppression, and disasters. There are envelopes in the vestibule for your kind consideration. For mor information visit www.obolodisanpietro.va/en.html.

MICHELANGELO'S
SISTINE
CHAPEL
THE EXHIBITION

IN THE EVENT CENTER AT SAINT MARY'S CATHEDRAL
 1111 GOUGH STREET, SAN FRANCISCO, CA, 94109
TUESDAYS THROUGH SUNDAYS
JUNE 21 TO SEPTEMBER 14
 TICKETS at: chapelsistine.com/exhibits/san-francisco

